

# 2024 QUALITY IMPROVEMENT COMMITTEE RECOMMENDATIONS

- Each year we survey at least 400 people who are receiving either the Supports for Community Living waiver (SCL) or the Michele P (MPW) waiver.
- A group of people meets to look at the information from these surveys and make suggestions for making people's lives better.
- These suggestions are called recommendations.
- Suggestions are made in four different areas:

## Employment



## Relationships & Community Inclusion



## Health & Wellness



## Rights & Respect



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- Some suggestions are for the people who provide services such as case managers, direct support professionals, and the people who are in charge of agencies.



- Other suggestions are for people who work for the state or other groups such as Protection and Advocacy or the Human Development Institute.



## Employment

Purpose: Increase the number of people who have paid jobs in the community.



### For agencies that provide services:

Case managers will discuss employment and training options with people and their teams.

Case managers will discuss options for people to increase their involvement in the community.

A person's service plan will include employment and community involvement if that person wants those services.

Case managers and service providers will learn about Kentucky's Employment First Policy.

Case managers will make sure they are following the employment first policy.



### For the state agency and other groups:

The Kentucky Division of Developmental and Intellectual Disabilities, University of Kentucky Human Development Institute, and other groups will create a list of information about

- Employment
- Community involvement
- Person-centered service plans
- Transportation

The Human Development Institute will share information about how to get help to:

- Find a job
- Keep a job
- Learn about the benefits of working



## Health & Wellness

Purpose: Improve how people feel, both physically and mentally.



### For agencies that provide services:

Find activities for people to do that help them feel better.

Find things for people to do feel healthier, like exercising, playing sports, working outside, and eating healthy food.

Find things for people to do that will increase the amount of physical activity they do.

Work with other groups in your community to help get people involved in healthy activities. These groups could be:

- o Health departments
- o County Extension offices
- o Parks and Recreation centers



### For the state agency and other groups:

The Kentucky Division of Developmental and Intellectual Disabilities (DDID) and other groups will look for ways to work together to make mental health services better.

Groups will use the Merge project to make health and wellness services and referrals work better for people. Merge is online at <https://hdi.uky.edu/merge>

## Relationships & Community Inclusion

Purpose: Increase the number of friends people have and increase people's involvement in their community.



### For agencies that provide services:

Make sure that people have the information they need to get involved with groups in their communities. This could include information about:

- Volunteering
- Churches
- Clubs
- Voting

Make sure that people have the things they need to participate in these activities including transportation and staff support.



### For the state agency and other groups:

Ask the Division of Guardianship Services to find out if people in state guardianship could get their right to vote back.

Ask the Division of Guardianship Services to find out if people in state guardianship could get all or some of their other rights back.

Ask the Kentucky Developmental Disabilities Network—the Human Development Institute, the Commonwealth Council on Developmental Disabilities, and Kentucky Protection & Advocacy—to make increasing the number of people who vote an area of focus.



## Rights & Respect

Purpose: Make sure that people's rights are respected and the "Final Settings Rule" is being followed.



### For agencies that provide services:

Make sure more people have keys to their own homes.

Make sure people have the right to vote if they have guardians.

Find ways for people to be able to stay at home when their roommates leave.

Make sure that people are registered to vote in elections.

Make sure people are not going into other people's bedrooms without asking.

Make sure people have the information they need to pick people to vote for in elections.

Find more ways for people to be involved in activities that help them learn more about their rights and how to advocate for themselves.

Make sure people have transportation to voting places.



## QUALITY IMPROVEMENT COMMITTEE RECOMMENDATIONS

To learn more about these suggestions, please visit the Community Quality [website](#).

To learn more about National Core Indicators, please visit the Community Quality [website](#) or the National Core Indicators [website](#).

For a full list of resources and links, please visit the Community Quality website [Resources page](#).

Please contact Laura Butler if you have any questions [laura.smith2@uky.edu](mailto:laura.smith2@uky.edu)